

## **Health and Safety Policy**

### **Statement of intent**

Bright Futures Day Nursery believes that the health and safety of children is of paramount importance. We make our settings safe and healthy places for children, parents, staff and volunteers.

### **Aim**

We aim to make children, parents and staff aware of health and safety issues and to minimise the hazards and risks to enable the children to thrive in a healthy and safe environment.

### **Methods**

The member of staff responsible for health and safety is Jasmine Cross. She is competent to carry out these responsibilities. She has undertaken health and safety training and regularly updates for her knowledge and understanding. We display the necessary health and safety poster in the staff room.

### **Risk assessment**

Our risk assessment process includes:

- checking for hazards and risks indoors and outside, and in our activities and procedures. Our assessment covers adults and children;
- deciding which areas need attention; and
- developing an action plan that specifies the action required, the timescales for action and the person responsible for the action.

We maintain lists of health and safety issues, which are checked:

- daily before the session begins;
- weekly; and
- termly - when a full risk assessment is carried out.

### **Insurance cover**

We have public liability insurance and employers' liability insurance. The certificate for public liability insurance is displayed in the hallway.

### **Awareness Raising**

□□ Our induction training for staff and volunteers includes a clear explanation of health and safety issues so that all adults are able to adhere to our policy and understand their shared responsibility for health and safety. The induction training covers matters of employee well-being, including safe lifting and the storage of potentially dangerous substances.

Records are kept of these induction training sessions and new staff and volunteers are asked to sign the records to confirm that they have taken part.

Health and safety issues are explained to the parents of new children so that they understand the part played by these issues in the daily life of the setting.

As necessary, health and safety training is included in the annual training plans of staff, and health and safety is discussed regularly at staff meetings.

We have a no smoking policy.

Children are made aware of health and safety issues through discussions, planned activities and routines.

### **Children's safety**

We ensure all staff employed have been checked for criminal records by an enhanced disclosure from the Criminal Records Bureau.

Adults do not normally supervise children on their own.

All children are supervised by adults at all times.

Whenever children are on the premises at least two adults must be present.

### **Security**

Systems are in place for the safe arrival and departure of children. The times of the children's arrivals and departures are recorded.

The arrival and departure times of adults - staff, volunteers and visitors - are recorded.

Our systems prevent unauthorised access to our premises.

Our systems prevent children from leaving our premises unnoticed.

The personal possessions of staff and volunteers are securely stored during sessions.

### **Windows**

Low level windows are made from materials that prevent accidental breakage or are made safe.

Windows above the ground floor are secured so that children cannot climb through them.

### **Doors**

We take precautions to prevent children's fingers from being trapped in doors.

### **Floors**

All surfaces are checked daily to ensure they are clean and not uneven or damaged.

## **Kitchen**

☐☐ Children do not have unsupervised access to the kitchen.

☐☐ All surfaces are clean and non-porous.

☐☐ There are separate facilities for hand-washing and for washing up.

☐☐ Cleaning materials and other dangerous materials are stored out of children's reach.

☐☐ When children take part in cooking activities, they:

- are supervised at all times;
- are kept away from hot surfaces and hot water; and
- do not have unsupervised access to electrical equipment.

## **Electrical/gas equipment**

☐☐ All electrical/gas equipment conforms to safety requirements and is checked regularly.

☐☐ Our boiler/electrical switchgear/meter cupboard is not accessible to the children.

☐☐ Fires, heaters, electric sockets, wires and leads are properly guarded and the children are taught not to touch them.

☐☐ heaters are checked daily to make sure they are not covered.

☐☐ There are sufficient sockets to prevent overloading.

☐☐ The temperature of hot water is controlled to prevent scalds.

☐☐ Lighting and ventilation is adequate in all areas including storage areas.

## **Storage**

☐☐ All resources and materials from which children select are stored safely.

☐☐ All equipment and resources are stored or stacked safely to prevent them accidentally falling or collapsing.

## **Outdoor area**

☐☐ Our outdoor area is securely fenced.

☐☐ Our outdoor area is checked for safety and cleared of rubbish before it is used.

☐☐☐ Adults and children are alerted to the dangers of poisonous plants, herbicides and pesticides.

☐☐ Where water can form a pool on equipment, it is emptied before children start playing outside.

☐☐ Our outdoor sand pit is covered when not in use and is cleaned regularly.

☐☐ All outdoor activities are supervised at all times.

## **Hygiene**

□□ We regularly seek information from the Environmental Health Department and the Health Authority to ensure that we keep up to date with the latest recommendations.

□□ Our daily routines encourage the children to learn about personal hygiene.

□□ We have a daily cleaning routine for the setting which includes play room(s), kitchen, rest area, toilets and nappy changing areas.

□□ We have a schedule for cleaning resources and equipment, dressing-up clothes and furnishings.

□□ The toilet area has a high standard of hygiene including hand washing and drying facilities and the disposal of nappies.

□□ We implement good hygiene practices by:

- cleaning tables between activities;
- checking toilets regularly;
- wearing protective clothing - such as aprons and disposable gloves - as appropriate;
- providing sets of clean clothes;
- providing tissues and wipes; and
- ensuring sole use of flannels and towels.

### **Activities**

□□ Before purchase or loan, equipment and resources are checked to ensure that they are safe for the ages and stages of the children currently attending the settings.

□□ The layout of play equipment allows adults and children to move safely and freely between activities.

□□ All equipment is regularly checked for cleanliness and safety and any dangerous items are repaired or discarded.

□□ All materials - including paint and glue - are non-toxic.

□□ Sand is clean and suitable for children's play.

□□ Physical play is constantly supervised.

□□ Children are taught to handle and store tools safely.

□□ Children who are sleeping are checked regularly.

□□ Children learn about health, safety and personal hygiene through the activities we provide and the routines we follow.

### **Food and drink**

□□ Staff who prepare and handle food receive appropriate training and understand and comply with - food safety and hygiene regulations.

□□ All food and drink is stored appropriately.

☐☐ Adults do not carry hot drinks through the play area(s) and do not place hot drinks within reach of children.

☐☐ Snack and meal times are appropriately supervised and children do not walk about with food and drinks.

☐☐ Fresh drinking water is available to the children at all times.

☐☐ We operate systems to ensure that children do not have access to food/drinks to which they are allergic.

### **Outings and visits**

☐☐ We have agreed procedures for the safe conduct of outings.

☐☐ Parents sign a general consent on registration for their children to be taken out as a part of the daily activities of the setting.

☐☐ Parents always sign consent forms before major outings.

☐☐ A risk assessment is carried out before an outing takes place.

☐☐ Our adult to child ratio is high, normally one adult to two children.

☐☐ Named children are assigned to individual staff to ensure each child is individually supervised and to ensure no child gets lost and that there is no unauthorised access to children.

☐☐ Outings are recorded in an outings sheet stating:

- the date and item of outing
- the venue and mode of transport
- names of staff assigned to named children
- time of return

☐☐ Staff take a mobile phone on outings, and supplies of tissues, wipes, pants etc as well as a mini first aid pack and water. The amount of equipment will vary and be consistent with the venue and the number of children as well as how long they will be out for.

☐☐ Records are kept of the vehicles used to transport children, with named drivers and appropriate insurance cover.

☐☐ A minimum of two staff should accompany children on outings and a minimum of two should remain behind with the rest of the children.

### **Animals**

☐☐ Animals visiting the setting are free from disease and safe to be with children, and do not pose a health risk.

☐☐ Our setting's pets are free from disease, safe to be with children, and do not pose a health risk.

☐☐ Children wash their hands after contact with animals.

☐☐ Outdoor footwear worn to visit farms are cleaned of mud and debris and should not be worn indoors.

## **Fire safety**

□□ Fire doors are clearly marked, never obstructed and easily opened from inside.

□□ Smoke detectors/alarms and fire fighting appliances conform to BSEN standards, are fitted in appropriate high risk areas of the building and are checked as specified by the manufacturer.

□□ Our emergency evacuation procedures are approved by the Fire Safety Officer and are:

- clearly displayed in the premises;
- explained to new members of staff, volunteers and parents; and
- practised regularly at least once every six months.

□□ Records are kept of fire drills and the servicing of fire safety equipment.

## **First aid and medication**

At least one member of staff with current first aid training is on the premises or on an outing at any one time. The first aid qualification includes first aid training for infants and young children.

Our first aid kit:

□□ complies with the Health and Safety (First Aid) Regulations 1981;

□□ is regularly checked by a designated member of staff and re-stocked as necessary;

□□ is easily accessible to adults; and

□□ is kept out of the reach of children.

At the time of admission to our settings, parents' written permission for emergency

medical advice or treatment is sought. Parents sign and date their written approval on the registration form.

Parents sign a consent form at registration allowing staff to take their child to the nearest Accident and Emergency unit to be examined, treated or admitted as necessary on the understanding that parents have been informed and are on their way to the hospital.

## **Our accident Forms**

□□ is kept safely and accessibly;

□□ all staff and volunteers know where it is kept and how to complete it; and

□□ is reviewed at least half termly to identify any potential or actual hazards.

Ofsted is notified of any injury requiring treatment by a general practitioner or hospital doctor, or the death of a child or adult.

When there is any injury requiring general practitioner or hospital treatment to a child, parent, volunteer or visitor or where there is a death of a child or

adult on the premises, we make a report to the Health and Safety Executive using the format for the Reporting of Injuries, Diseases and Dangerous Occurrences.

### **Dealing with incidents**

We meet our legal requirements for the safety of our employees by complying with

RIDDOR (the Reporting of Injury, Disease and Dangerous Occurrences Regulations). We report to the Health and Safety Executive:

□□ any accident to a member of staff requiring treatment by a general practitioner or hospital; and

□□ any dangerous occurrences. This may be an event that causes injury or fatalities or an event that does not cause an accident but could have done, such as a gas leak.

□□ Any dangerous occurrence is recorded in our Incident Book. See below. Information for reporting the incident to Health and Safety Officer is detailed in the

Accident Record/incident policy.

### **Our Incident Forms**

□□ We keep an incident forms for recording incidents including those that that are reportable to the Health and Safety Executive as above.

□□ These incidents include:

- break in, burglary, theft of personal or the setting's property;
- fire, flood, gas leak or electrical failure;
- attack on member of staff or parent on the premises or near by;
- any racist incident involving a staff or family on the centre's premises;
- death of a child, and
- a terrorist attack, or threat of one.

□□ In the incident forms we record the date and time of the incident, nature of the event, who was affected, what was done about it - or if it was reported to the police, and if so a crime number. Any follow up, or insurance claim made, should also be recorded.

□□ In the unlikely even of a terrorist attack we follow the advice of the emergency services with regard to evacuation, medical aid and contacting children's families. Our standard Fire Safety Policy will be followed and staff will take charge of their key children. The incident is recorded when the threat is averted.

□□ In the unlikely event of a child dying on the premises, for example, through cot death in the case of a baby, or any other means involving an older child, the emergency services are called, and the advice of these services are followed.

□□ The incident form is not for recording issues of concern involving a child. This is recorded in the child's own separate file.

### **Sickness**

Our policy for the exclusion of ill or infectious children is discussed with parents. This includes procedures for contacting parents - or other authorised adults - if a child becomes ill while in the setting.

□□ We do not provide care for children who are unwell, have a temperature, or sickness and diarrhoea, or who have an infectious disease.

□□ Children with headlice are not excluded, but must be treated to remedy the condition.

□□ Parents are notified if there is a case of headlice in the setting.

□□ Parents are notified if there is an infectious disease, such as chicken pox.

□□ Good hygiene practice concerning the clearing of any spilled bodily fluids is carried out at all times.

□□ Staff suffering from sickness and diarrhoea do not handle food.

### **Safety of adults**

□□ Adults are provided with guidance about the safe storage, movement, lifting and erection of large pieces of equipment.

□□ When adults need to reach up to store equipment or to change light bulbs they are provided with safe equipment to do so.

□□ All warning signs are clear and in appropriate languages.

□□ Adults do not remain in the building on their own or leave on their own after dark.

□□ The sickness of staff and their involvement in accidents is recorded. The records are reviewed termly to identify any issues that need to be addressed.

### **Records**

In accordance with the National Standards for Day Care, we keep records of:  
Adults:

□□ names and addresses of all staff on the premises, including temporary staff who work with the children or who have substantial access to them;

□□ names and addresses of the owners or of all members of the management

□□all records relating to the staff's employment with the setting, including application forms, references, results of checks undertaken etc.

Children:

□□names, addresses and telephone numbers of parents and adults authorised to collect children from setting;

□□the names, addresses and telephone numbers of emergency contacts in case of children's illness or accident;

□□the allergies, dietary requirements and illnesses of individual children;

□□the times of attendance of children, staff, volunteers and visitors;

□□accidents and medicine administration records;

□□consents for outings, administration of medication, emergency treatment; and

□□incidents.

In addition, the following procedures and documentation in relation to health and safety

are in place:

*National Standard 6: Safety*

□□Risk assessment.

□□Record of visitors.

□□Fire safety procedures.

□□Fire safety records and certificates.

□□Outing procedure.

*National Standard 7: Health*

□□Administration of medication.

□□Prior parental consent to administer medicine.

□□Record of the administration of medicines.

□□Prior parental consent for emergency treatment.

□□Accident record.

□□Sick children.

□□No smoking.